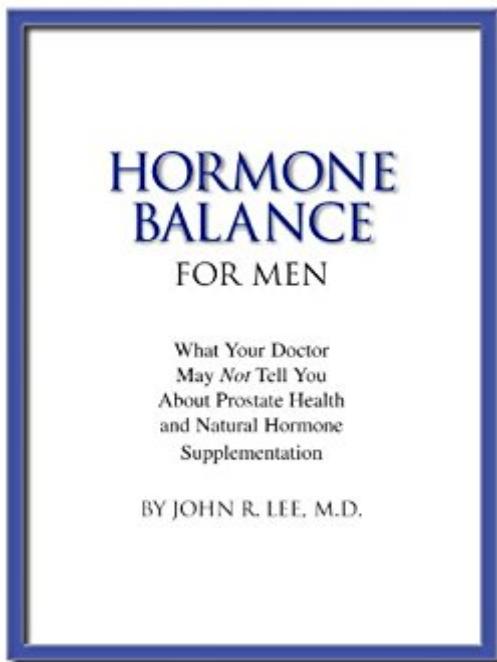


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# Hormone Balance For Men: What Your Doctor May Not Tell You About Prostate Health And Natural Hormone Supplementation.



## Synopsis

The original and thought-provoking work by John R. Lee, M.D. about men's hormones, how men can use natural hormones for optimal health, causes of prostate cancer and more. A quick read, yet loaded with useful information and surprising insights about male hormones.

## Book Information

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## Customer Reviews

As John Lee says in his Introduction, "This booklet is also not meant to be an exhaustive look at all of the drugs and other treatments related to prostate enlargement and prostate cancer. It is an overall look at how male hormones and biochemistry work,.....At the heart of the misunderstandings about male hormones is the work done by Charles Huggins, M.D., a surgeon who, back in 1941, observed that surgical castration in a few men with prostate cancer seemed to improve their survival a bit, compared to non-castrated men....he observed that,...serum alkaline phosphatase levels rose a bit in three of them. From this alone, Dr. Huggins concluded that testosterone increased growth of prostate cancer metastases....Calling castration 'androgen suppression' is not clear thinking, when estrogen and progesterone suppression are also involved. But more about that later."Dr. Lee is known for coined the phrase "Estrogen Dominance" in his

books, "What Your Doctor May NOT Tell You about Menopause, PRE-Menopause, and Breast Cancer" . It is estrogen dominance to estradiol in women. It is Dr. Lee's belief that estrogen dominance to testosterone in men is the cause of prostate cancer. More recently, Abraham Morgentaler, M.D., Urologist, Harvard, has published his book "Testosterone for Life", in which he writes of going to the Harvard Medical Library and reading the published articles by Dr. Huggins on his surgeries on men with prostate cancer. Dr. Morgentaler points out the failings in the paper in that the alkaline phosphatase blood test used by Huggins has been discredited, and the conclusion of testosterone being the cause is erroneous. Dr. Lee included two of Dr. Morgentaler's published papers, from 1999, in his list of references.

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